

Dear Parent / Carer

As part of our school' s involvement with the Sustrans Active Travel Schools project, we are offering cycle skills sessions to pupils during school on **Monday 26th November 2018**.

The sessions will be led by Claire Lundy, our Sustrans Schools Officer, and will take place in the playground. This is a fun session, designed to increase your child' s competency and confidence on their bicycle. Please note that children must have a bicycle at school to participate, and we encourage them to wear a helmet. **Please can you check that your child' s bicycle is in a safe and roadworthy condition – the tyres should be pumped up, both brakes should be working, and the chain should run smoothly.** All bikes will be safety checked prior to the session. No specialist clothing is required, however please ensure your child has access to suitable clothing for being outdoors such as a raincoat or sun protection.

If you would like your child to attend the Cycle Skills Session, please complete the permission slip below, and return to your child' s teacher no later than **Friday 23rd November**

If you have any questions about the session, please contact the school.

Happy cycling!

Miss O' Riordan
Active Travel Champion
St Mary' s Primary School

Claire Lundy
Sustrans Active Travel Officer
claire.lundy@sustrans.org.uk

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Consent form for participation in Cycle Skills Session:

Pupil' s full name:

Class or teacher:

Date of event:

Monday 26th November 2018

My child will be wearing a
helmet:

Yes No (circle as
appropriate)

Parent' s or carer' s signature:

Please return this completed form to school by Friday 23rd November 2018